



PICO TERRAMAR

Restaurante Bistrô

ENTRADAS

CESTA DE PÃO	3.50
COUVERT	6
Pão, manteiga do dia, creme de queijo com ervas e azeitonas	
LAPAS À MODA DO PICO	15
Lapas na chapa com manteiga e pimenta da terra	
CAMARÃO À GUILHO	14.50
Frito em azeite e alho com uma pitada de pimenta	
DEGUSTAÇÃO	18
Queijo, enchidos, compota com pão milho regional	
MEXILHÃO À CHEF	11.50
Mexilhão com aveludado de ervas e vinho do Pico	
TÁRTARO DE ATUM 100GR	12
TÁRTARO DE ATUM 200GR (2 PAX)	22
Atum com molho especial acompanhado de tortilha	
SALADA DE POLVO	8.50
Polvo, pimentão vermelho/verde, cebola, pickle, salsa, vinagrete da casa	
SOPA DO DIA	3

STEAKHOUSE

SHOULDER STEAK 500 GR (2 PAX)	48
Grelhado	
TOMAHAWK 800GR (2 PAX)	55
Grelhado	
T-BONE	28
Grelhado	
FILÉ MIGNON	27
Grelhado	
BIFE DA VAZIA À PICO TERRAMAR	24
Grelhado com molho especial 3 pimentas	
BIFE À REGIONAL	23
Frito com molho de vinho branco	
BIFE DE FRANGO	18
Grelhado	

**Todas as nossas carnes são acompanhadas
com Batata Fritas e Legumes Salteados**

PEIXE E MARISCO

POLVO CROCANTE	25
Acompanhado com maionese de alho, batata rodela e legumes salteados	
POLVO CONFITADO À LAGAREIRO	25
Confitado em azeite virgem extra e alho acompanhado com batata doce cozida e salada mista	
LOMBO DE BACALHAU À NARCISA	25
Panado com redução de pimentos e cebola novinho do Pico acompanhado com salada mista	
BIFE DE ATUM À REGIONAL OU GRELHADO	22
Flamejado com pimenta da terra acompanhado com batata doce e salada agridoce	
LULAS GRELHADAS	20
Acompanhado com batata doce e salada agridoce	
BITOQUE DE LAGOSTA	42
Batata frita e ovo estrelado	
ARROZ DE MARISCO (2 PAX)	65
Arroz com a seleção dos nossos melhores mariscos	
CAMARÃO À PICO TERRAMAR	18
Acompanhado com batata frita	

MENU INFANTIL

Menu Infantil, até 10 anos
Inclui: Sopa e água ou sumo

BIFE DE FRANGO GRELHADO	12
Acompanhado com batata frita e arroz	
SALSICHAS GRELHADAS	12
Acompanhado com batata frita arroz e ovo estrelado	
HAMBURGUER NO PRATO	12
Acompanhado com batata frita, arroz e ovo estrelado	

Acompanhamentos: Batata Frita, arroz, salada verde, salada agridoce ou legumes salteados
Adicionar (1) Ovo estrelado

3.50€
1.50€



PICO TERRAMAR

Bistrô Restaurant

STARTERS

BREAD BASKET

3.50

COUVERT

Bread, regional infused butter, cream cheese with aromatic herbs & olives

6

LIMPETS PICO STYLE

Grilled limpets in garlic butter, finished with Azorean chili pepper

15

SHRIMP SCAMPI

Garlic-sautéed prawns in extra virgin olive oil

14.50

TASTING PLATTER

Selection of cheese, cured meats, and regional cornbread with jam

18

CHEF'S CHOICE MUSSELS

Mussels with herbs cream sauce & Pico wine

11.50

TUNA TARTARE 100GR

TUNA TARTARE 200GR (SERVES 2)

Marinated Tuna with house sauce, accompaniment of tortilla

12

22

OCTOPUS SALAD

Octopus, red/green bell peppers, onion, pickles, parsley & house vinaigrette

8.50

SOUP OF THE DAY

3

STEAKHOUSE

SHOULDER STEAK 500 GR, SERVES 2

Grilled

48

TOMAHAWK STEAK 800GR, SERVES 2

Grilled

55

T-BONE STEAK

Grilled

28

FILE MIGNON / TENDERLOIN STEAK

Grilled

27

SIRLOIN STEAK PICO TERRAMAR

Grilled with our special 3 peppercorn sauce

24

REGIONAL-STYLE STEAK

Pan-fried beef steak with a white wine sauce

23

CHICKEN FILLETS

Grilled

18

Steakhouse Selection Accompaniments: French fries & sauteed vegetables

Accompaniments: French fries, rice, green salad, mixed pickled salad or sautéed seasonal vegetables 3.50 ea.
Add a Fried Egg 1.50 ea.

FROM THE SEA

CRISPY OCTOPUS

Crispy octopus with aioli, potato rounds & seasonal sautéed vegetables

25

OCTOPUS "À LAGAREIRO"

Confit octopus roasted in olive oil, garlic, accompaniment of sweet potato and mixed salad

25

COD LOIN NARCISA STYLE

Breaded with pepper, onion, Pico wine reduction
Accompaniment of mixed salad

25

REGIONAL OR GRILLED TUNA

STEAK
Flamed-Grilled with freshly ground pepper
Accompaniment of sweet potato & mixed pickled salad

22

GRILLED SQUID

Accompaniment of sweet potato & mixed pickled salad

20

LOBSTER BITOQUE

Lobster Steak
Accompaniment of French fries & fried egg

42

SEAFOOD RICE (SERVES 2)

Rice with a selection of our best seafood

65

PICO TERRAMAR SHRIMP SCAMPI

Accompaniment of French fries

18

CHILDREN'S MENU

Children's Menu, up to 10 years old

Includes: Soup of the day, water or soft drink

GRILLED CHICKEN FILLETS

Accompaniment of French fries and rice

12

GRILLED SAUSAGES

Accompaniment of French fries, rice and fried egg

12

BUNLESS BURGER

Accompaniment of French fries, rice & fried egg

12